

YAVINGTON STUDIO HIRE GUIDE

Yavington Studio, Lovington Lane, Avington,
Hampshire SO21 1DA

WELCOME

Just a 10-minute drive from Winchester, yet set in the heart of the Hampshire countryside, Yavington Studio offers a peaceful space to step away from everyday demands.

Surrounded by nature and quiet rural views, the studio has been designed as a calm and welcoming environment for wellbeing practices, therapeutic work, workshops, and small retreats.

The space can be hired in different ways depending on your needs. You may hire:

- The full studio space for day retreats, workshops, and group gatherings
- The front therapy room for one-to-one sessions and regular therapeutic work

Whether you are hosting a retreat, offering treatments, or holding a workshop, Yavington Studio provides a tranquil setting that supports both practitioners and guests.





STUDIO HIRE

Yavington Studio has been thoughtfully designed to offer a calm, simple space that feels both welcoming and connected to the surrounding countryside. Natural light, open views, and the quiet rural setting create an atmosphere that supports reflection, rest, and focused practice.

In the colder months, underfloor heating keeps the studio comfortably warm, creating a cosy and grounded environment. During the warmer seasons, the space becomes light and airy, with large glass doors that can be opened to allow fresh air to move through the room and bring the surrounding landscape into view.

The studio is available to hire for small day retreats, offering a calm setting for facilitators and participants to gather, practise, and spend time together.

Full studio hire includes access to:

- The main studio space
- The front room, which can be used as a quiet space or set up with a table for lunch
- A small kitchenette
- Bathroom facilities

The front room works well as a comfortable area for serving refreshments, preparing a simple lunch, or taking breaks between sessions.

Equipment

The studio does not provide yoga mats, blocks, or other practice props, so these will need to be supplied by the hirer if required for your event.

However, the following are available for use during your booking:

- 12 wide sheepskin Feldenkrais mats
- 12 meditation cushions

Full Studio Hire Day Rate: £400



FRONT THERAPY ROOM

The front therapy room is available to hire for one-to-one work, either as a regular weekly booking or for occasional sessions, depending on availability. Set slightly apart from the main studio, the room offers a quiet, private, and comfortable space, well suited to practitioners looking for a calm and contained environment in which to work.

It is ideal for:

- Talking therapies
- Coaching
- Bodywork treatments
- Small, one-to-one consultations

The room has access to:

- Bathroom facilities
- A simple kitchenette
- Tea and refreshments for clients

The space is intentionally simple, allowing you to bring your own approach and create a setting that feels right for your practice.

Therapy Room Rate: £20 per hour

Regular weekly bookings are welcomed, subject to availability.



ADDITIONAL ACCOMMODATION

Attached to the studio is a self-contained cottage, available to rent alongside your booking.

Set within the same peaceful grounds, the cottage offers a simple and comfortable place to stay, making it a natural extension for retreat hosts or guests travelling from further away.

The cottage sleeps up to three people, with one double and one single bedroom.

Inside, the space is warm and understated, with underfloor heating, a wood-burning stove, and thoughtfully chosen furnishings. Downstairs, there is a sitting room, a bathroom with walk-in shower, and a kitchen which opens onto a small terrace overlooking the courtyard and surrounding countryside.

Like the studio, the cottage feels quiet, private, and connected to the landscape — a place to rest and slow down at the end of the day.

The cottage can be booked:

- As accommodation for retreat hosts or participants, or
- As a private stay alongside studio hire

If you would like to include the cottage as part of your booking, or enquire about availability and rates, please get in touch.



SURROUNDING AREA

Yavington Studio is set within the South Downs National Park, in the Itchen Valley — an area known for its open countryside, chalk streams, and quiet walking routes. The setting offers a sense of being away from it all, while still being within easy reach of nearby towns and amenities.

Nearby Walks & Landscape

From the studio, you can step directly into the surrounding countryside, with:

- Walking routes through the Itchen Valley
- Access to the River Itchen, one of England's most renowned chalk streams
- Open views and gently rolling farmland

This makes it easy to build time outdoors into your retreat, whether for walking, reflection, or simply being in nature.

Places to Eat & Visit

There are a number of well-regarded pubs, cafés, and restaurants nearby:

- The Bush Inn (walking distance) — a much-loved local pub known for its food
- Alresford (approx. 10 minutes) — a small market town with cafés, shops, and restaurants
- Winchester (approx. 20 minutes) — a historic cathedral city with a wide range of places to eat, from relaxed dining to more established restaurants

Accessibility

Although the studio feels tucked away, it is still easily accessible:

- Around 10 minutes from Alresford
- Around 20 minutes from Winchester
- Approximately 1 hour 30 minutes from London
- Access to nearby mainline train stations with direct routes to London and other cities



DAMAGE DEPOSIT

A refundable £100 damage deposit is required when booking the full studio. This will be returned following the event provided the studio is left as found with no damages.

PAYMENT + BOOKING

Once your event or booking has been agreed, we will send you an invoice for the hire fee. Please note that your booking is not confirmed until the invoice has been paid in full.

CANCELLATIONS

If you need to cancel your booking, please notify us as soon as possible.

- More than 30 days before booking – full refund
- 14–30 days before booking – 50% refund
- Less than 14 days before booking – no refund

In some circumstances we may be able to reschedule your booking, depending on studio availability.

ENQUIRIES + BOOKING

If you would like to enquire about hiring Yavington Studio or arranging a visit to see the space, please email us at info@yavingtonstudio.co.uk.

